CERTIFICATION OF ENROLLMENT

ENGROSSED SECOND SUBSTITUTE HOUSE BILL 1874

Chapter 381, Laws of 2019

66th Legislature 2019 Regular Session

ADOLESCENT BEHAVIORAL HEALTH CARE--VARIOUS PROVISIONS

EFFECTIVE DATE: July 28, 2019—Except for sections 15 and 17, which become effective July 1, 2026.

Passed by the House April 23, 2019 CERTIFICATE Yeas 88 Nays 8 I, Bernard Dean, Chief Clerk of the House of Representatives of the FRANK CHOPP State of Washington, do hereby Speaker of the House of Representatives certify that the attached is ENGROSSED SECOND SUBSTITUTE HOUSE BILL 1874 as passed by the House of Representatives and the Senate on Passed by the Senate April 15, 2019 the dates hereon set forth. Yeas 48 Nays 0 BERNARD DEAN CYRUS HABIB Chief Clerk President of the Senate Approved May 13, 2019 4:13 PM FILED May 16, 2019 Secretary of State JAY INSLEE State of Washington Governor of the State of Washington

ENGROSSED SECOND SUBSTITUTE HOUSE BILL 1874

AS AMENDED BY THE SENATE

Passed Legislature - 2019 Regular Session

State of Washington 66th Legislature 2019 Regular Session

By House Appropriations (originally sponsored by Representatives Frame, Eslick, Davis, Bergquist, and Doglio)

READ FIRST TIME 03/01/19.

- AN ACT Relating to implementing policies related to expanding 1 2 adolescent behavioral health care access as reviewed and recommended 3 by the children's mental health work group; amending RCW 71.34.010, 71.34.020, 71.34.500, 71.34.510, 71.34.520, 71.34.530, 71.34.600, 4 5 71.34.610, 71.34.620, 71.34.630, 71.34.640, 71.34.650, 71.34.700, 71.34.700, 71.34.710, 71.34.710, 70.02.230, 70.02.240, and 6 74.13.280; adding a new section to chapter 70.02 RCW; adding new 8 sections to chapter 71.34 RCW; creating new sections; providing an 9 effective date; and providing expiration dates.
- 10 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:
- 11 **Sec. 1.** RCW 71.34.010 and 2018 c 201 s 5001 are each amended to read as follows:
- 13 It is the purpose of this chapter to assure that minors in need 14 of mental health care and treatment receive an appropriate continuum 15 of culturally relevant care and treatment, including prevention and 16 early intervention, self-directed care, parent-directed care, and involuntary treatment. To facilitate the continuum of care 17 18 treatment to minors in out-of-home placements, all divisions of the 19 authority and the department that provide mental health services to minors shall jointly plan and deliver those services. 20

It is also the purpose of this chapter to protect the rights of ((minors)) adolescents to confidentiality and to independently seek services for mental health and substance use disorders. Mental health and chemical dependency professionals shall guard against needless hospitalization and deprivations of liberty ((and to)), enable treatment decisions to be made in response to clinical needs in accordance with sound professional judgment((. The mental health care and treatment providers shall)), and encourage the use of voluntary services ((and)). Mental health and chemical dependency professionals shall, whenever clinically appropriate, ((the providers shall)) offer less restrictive alternatives to inpatient treatment. Additionally, all mental health care and treatment providers shall assure that minors' parents are given an opportunity to participate in the treatment decisions for their minor children. The mental health care and treatment providers shall, to the extent possible, offer services that involve minors' parents or family.

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It is also the purpose of this chapter to assure the ability of parents to exercise reasonable, compassionate care and control of their minor children when there is a medical necessity for treatment and without the requirement of filing a petition under this chapter, including the ability to request and receive medically necessary treatment for their adolescent children without the consent of the adolescent.

Sec. 2. RCW 71.34.020 and 2018 c 201 s 5002 are each amended to read as follows:

Unless the context clearly requires otherwise, the definitions in this section apply throughout this chapter.

- (1) "Alcoholism" means a disease, characterized by a dependency on alcoholic beverages, loss of control over the amount and circumstances of use, symptoms of tolerance, physiological or psychological withdrawal, or both, if use is reduced or discontinued, and impairment of health or disruption of social or economic functioning.
- (2) "Approved substance use disorder treatment program" means a program for minors with substance use disorders provided by a treatment program licensed or certified by the department of health as meeting standards adopted under chapter 71.24 RCW.
 - (3) "Authority" means the Washington state health care authority.
 - (4) "Chemical dependency" means:

1 (a) Alcoholism;

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- (b) Drug addiction; or
- 3 (c) Dependence on alcohol and one or more other psychoactive 4 chemicals, as the context requires.
 - (5) "Chemical dependency professional" means a person certified as a chemical dependency professional by the department of health under chapter 18.205 RCW, or a person certified as a chemical dependency professional trainee under RCW 18.205.095 working under the direct supervision of a certified chemical dependency professional.
 - (6) "Child psychiatrist" means a person having a license as a physician and surgeon in this state, who has had graduate training in child psychiatry in a program approved by the American Medical Association or the American Osteopathic Association, and who is board eligible or board certified in child psychiatry.
 - (7) "Children's mental health specialist" means:
 - (a) A mental health professional who has completed a minimum of one hundred actual hours, not quarter or semester hours, of specialized training devoted to the study of child development and the treatment of children; and
 - (b) A mental health professional who has the equivalent of one year of full-time experience in the treatment of children under the supervision of a children's mental health specialist.
 - (8) "Commitment" means a determination by a judge or court commissioner, made after a commitment hearing, that the minor is in need of inpatient diagnosis, evaluation, or treatment or that the minor is in need of less restrictive alternative treatment.
- 28 (9) "Department" means the department of social and health 29 services.
- 30 (10) "Designated crisis responder" means a person designated by a 31 behavioral health organization to perform the duties specified in 32 this chapter.
 - (11) "Director" means the director of the authority.
- 34 (12) "Drug addiction" means a disease, characterized by a 35 dependency on psychoactive chemicals, loss of control over the amount 36 and circumstances of use, symptoms of tolerance, physiological or 37 psychological withdrawal, or both, if use is reduced or discontinued, 38 and impairment of health or disruption of social or economic 39 functioning.

(13) "Evaluation and treatment facility" means a public or private facility or unit that is licensed or certified by the department of health to provide emergency, inpatient, residential, or outpatient mental health evaluation and treatment services for minors. A physically separate and separately-operated portion of a state hospital may be designated as an evaluation and treatment facility for minors. A facility which is part of or operated by the state or federal agency does not require licensure or certification. No correctional institution or facility, juvenile court detention facility, or jail may be an evaluation and treatment facility within the meaning of this chapter.

- (14) "Evaluation and treatment program" means the total system of services and facilities coordinated and approved by a county or combination of counties for the evaluation and treatment of minors under this chapter.
- (15) "Gravely disabled minor" means a minor who, as a result of a mental disorder, or as a result of the use of alcohol or other psychoactive chemicals, is in danger of serious physical harm resulting from a failure to provide for his or her essential human needs of health or safety, or manifests severe deterioration in routine functioning evidenced by repeated and escalating loss of cognitive or volitional control over his or her actions and is not receiving such care as is essential for his or her health or safety.
- (16) "Inpatient treatment" means twenty-four-hour-per-day mental health care provided within a general hospital, psychiatric hospital, residential treatment facility licensed or certified by the department of health as an evaluation and treatment facility for minors, secure detoxification facility for minors, or approved substance use disorder treatment program for minors.
- (17) "Intoxicated minor" means a minor whose mental or physical functioning is substantially impaired as a result of the use of alcohol or other psychoactive chemicals.
- (18) "Less restrictive alternative" or "less restrictive setting" means outpatient treatment provided to a minor who is not residing in a facility providing inpatient treatment as defined in this chapter.
- (19) "Likelihood of serious harm" means either: (a) A substantial risk that physical harm will be inflicted by an individual upon his or her own person, as evidenced by threats or attempts to commit suicide or inflict physical harm on oneself; (b) a substantial risk that physical harm will be inflicted by an individual upon another,

- as evidenced by behavior which has caused such harm or which places another person or persons in reasonable fear of sustaining such harm; or (c) a substantial risk that physical harm will be inflicted by an individual upon the property of others, as evidenced by behavior which has caused substantial loss or damage to the property of others.
- (20) "Medical necessity" for inpatient care means a requested service which is reasonably calculated to: (a) Diagnose, correct, cure, or alleviate a mental disorder or substance use disorder; or (b) prevent the progression of a substance use disorder that endangers life or causes suffering and pain, or results in illness or infirmity or threatens to cause or aggravate a handicap, or causes physical deformity or malfunction, and there is no adequate less restrictive alternative available.
- (21) "Mental disorder" means any organic, mental, or emotional impairment that has substantial adverse effects on an individual's cognitive or volitional functions. The presence of alcohol abuse, drug abuse, juvenile criminal history, antisocial behavior, or intellectual disabilities alone is insufficient to justify a finding of "mental disorder" within the meaning of this section.
- (22) "Mental health professional" means a psychiatrist, psychiatric advanced registered nurse practitioner, physician assistant working with a supervising psychiatrist, psychologist, psychiatric nurse, $((\Theta r))$ social worker, and such other mental health professionals as ((may be)) defined by rules adopted by the secretary of the department of health under this chapter.
 - (23) "Minor" means any person under the age of eighteen years.
- (24) "Outpatient treatment" means any of the nonresidential services mandated under chapter 71.24 RCW and provided by licensed or certified service providers as identified by RCW 71.24.025.
 - (25) <u>(a)</u> "Parent" ((means:

- (a) A biological or adoptive parent who has legal custody of the child)) has the same meaning as defined in RCW 26.26A.010, including either parent if custody is shared under a joint custody agreement((\div)), or ((-(b))) a person or agency judicially appointed as legal guardian or custodian of the child.
- 37 (b) For purposes of family-initiated treatment under RCW
 38 71.34.600 through 71.34.670, "parent" also includes a person to whom
 39 a parent defined in (a) of this subsection has given a signed
 40 authorization to make health care decisions for the adolescent, a

stepparent who is involved in caring for the adolescent, a kinship caregiver who is involved in caring for the adolescent, or another relative who is responsible for the health care of the adolescent, who may be required to provide a declaration under penalty of perjury stating that he or she is a relative responsible for the health care of the adolescent pursuant to RCW 9A.72.085. If a dispute arises between individuals authorized to act as a parent for the purpose of RCW 71.34.600 through 71.34.670, the disagreement must be resolved according to the priority established under RCW 7.70.065(2)(a).

- (26) "Private agency" means any person, partnership, corporation, or association that is not a public agency, whether or not financed in whole or in part by public funds, that constitutes an evaluation and treatment facility or private institution, or hospital, or approved substance use disorder treatment program, that is conducted for, or includes a distinct unit, floor, or ward conducted for, the care and treatment of persons with mental illness, substance use disorders, or both mental illness and substance use disorders.
- (27) "Physician assistant" means a person licensed as a physician assistant under chapter 18.57A or 18.71A RCW.
- (28) "Professional person in charge" or "professional person" means a physician, other mental health professional, or other person empowered by an evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program with authority to make admission and discharge decisions on behalf of that facility.
- (29) "Psychiatric nurse" means a registered nurse who has experience in the direct treatment of persons who have a mental illness or who are emotionally disturbed, such experience gained under the supervision of a mental health professional.
- (30) "Psychiatrist" means a person having a license as a physician in this state who has completed residency training in psychiatry in a program approved by the American Medical Association or the American Osteopathic Association, and is board eligible or board certified in psychiatry.
- (31) "Psychologist" means a person licensed as a psychologist under chapter 18.83 RCW.
 - (32) "Public agency" means any evaluation and treatment facility or institution, or hospital, or approved substance use disorder treatment program that is conducted for, or includes a distinct unit, floor, or ward conducted for, the care and treatment of persons with

- mental illness, substance use disorders, or both mental illness and substance use disorders if the agency is operated directly by federal, state, county, or municipal government, or a combination of such governments.
- 5 (33) "Responsible other" means the minor, the minor's parent or 6 estate, or any other person legally responsible for support of the 7 minor.
- 8 (34) "Secretary" means the secretary of the department or 9 secretary's designee.
- 10 (35) "Secure detoxification facility" means a facility operated 11 by either a public or private agency or by the program of an agency 12 that:
 - (a) Provides for intoxicated minors:

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- 14 (i) Evaluation and assessment, provided by certified chemical dependency professionals;
 - (ii) Acute or subacute detoxification services; and
 - (iii) Discharge assistance provided by certified chemical dependency professionals, including facilitating transitions to appropriate voluntary or involuntary inpatient services or to less restrictive alternatives as appropriate for the minor;
- 21 (b) Includes security measures sufficient to protect the 22 patients, staff, and community; and
 - (c) Is licensed or certified as such by the department of health.
 - (36) "Social worker" means a person with a master's or further advanced degree from a social work educational program accredited and approved as provided in RCW 18.320.010.
 - (37) "Start of initial detention" means the time of arrival of the minor at the first evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program offering inpatient treatment if the minor is being involuntarily detained at the time. With regard to voluntary patients, "start of initial detention" means the time at which the minor gives notice of intent to leave under the provisions of this chapter.
- 35 (38) "Substance use disorder" means a cluster of cognitive, 36 behavioral, and physiological symptoms indicating that an individual 37 continues using the substance despite significant substance-related 38 problems. The diagnosis of a substance use disorder is based on a 39 pathological pattern of behaviors related to the use of the 40 substances.

- 1 (39) "Adolescent" means a minor thirteen years of age or older.
- 2 (40) "Kinship caregiver" has the same meaning as in RCW
- 3 74.13.031(19)(a).

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- 4 **Sec. 3.** RCW 71.34.500 and 2016 sp.s. c 29 s 261 are each amended to read as follows:
 - (1) ((A minor thirteen years or older)) An adolescent may admit himself or herself to an evaluation and treatment facility for inpatient mental health treatment or an approved substance use disorder treatment program for inpatient substance use disorder treatment without parental consent. The admission shall occur only if the professional person in charge of the facility concurs with the need for inpatient treatment. Parental authorization, or authorization from a person who may consent on behalf of the minor pursuant to RCW 7.70.065, is required for inpatient treatment of a minor under the age of thirteen.
 - (2) When, in the judgment of the professional person in charge of an evaluation and treatment facility or approved substance use disorder treatment program, there is reason to believe that a minor is in need of inpatient treatment because of a mental disorder or substance use disorder, and the facility provides the type of evaluation and treatment needed by the minor, and it is not feasible to treat the minor in any less restrictive setting or the minor's home, the minor may be admitted to the facility.
- 24 (3) Written renewal of voluntary consent must be obtained from 25 the applicant no less than once every twelve months. The minor's need 26 for continued inpatient treatments shall be reviewed and documented 27 no less than every one hundred eighty days.
- 28 **Sec. 4.** RCW 71.34.510 and 1998 c 296 s 15 are each amended to 29 read as follows:
- 30 (1) The ((administrator)) professional person in charge ((the)) an evaluation and treatment facility shall provide notice to 31 the parent((s)) of ((a minor)) an adolescent when the ((minor))32 adolescent is voluntarily admitted to inpatient treatment under RCW 33 71.34.500 solely for mental health treatment and not for substance 34 use disorder treatment, unless the professional person has a 35 compelling reason to believe that such disclosure would be 36 37 detrimental to the adolescent or contact cannot be made, in which

1 <u>case the professional person must document the reasons in the</u> 2 <u>adolescent's medical record.</u>

- (2) The professional person in charge of an evaluation and treatment facility or an approved substance use disorder treatment program shall provide notice to the parent of an adolescent voluntarily admitted to inpatient treatment under RCW 71.34.500 for substance use disorder treatment only if: (a) The adolescent provides written consent to the disclosure of the fact of admission and such other substance use disorder treatment information in the notice; or (b) permitted by federal law.
- (3) If the professional person withholds notice to a parent under subsection (1) of this section, or such notice cannot be provided, the professional person in charge of the facility must consult the information that the Washington state patrol makes publicly available under RCW 43.43.510(2) at least once every eight hours for the first seventy-two hours of treatment and once every twenty-four hours thereafter while the adolescent continues to receive inpatient services and until the time that the professional person contacts a parent of the adolescent. If the adolescent is publicly listed as missing, the professional person must immediately notify the department of children, youth, and families of its contact with the youth listed as missing. The notification must include a description of the adolescent's physical and emotional condition.
 - (4) The notice required under subsections (1) and (2) of this section shall be in the form most likely to reach the parent within twenty-four hours of the ((minor's)) adolescent's voluntary admission and shall advise the parent: (((1))) (a) That the ((minor)) adolescent has been admitted to inpatient treatment; (((2))) (b) of the location and telephone number of the facility providing such treatment; (((3))) (c) of the name of a professional person on the staff of the facility providing treatment who is designated to discuss the ((minor's)) adolescent's need for inpatient treatment with the parent; and (((4))) (d) of the medical necessity for admission. Notification efforts under subsections (1) and (2) of this section shall begin as soon as reasonably practicable, considering the adolescent's immediate medical needs.
- **Sec. 5.** RCW 71.34.520 and 2016 sp.s. c 29 s 262 are each amended 38 to read as follows:

(1) Any ((minor thirteen years or older)) adolescent voluntarily admitted to an evaluation and treatment facility or approved substance use disorder treatment program under RCW 71.34.500 may give notice of intent to leave at any time. The notice need not follow any specific form so long as it is written and the intent of the ((minor)) adolescent can be discerned.

- (2) The staff member receiving the notice shall date it immediately((τ)) and record its existence in the ((minor's)) adolescent's clinical record($(\tau and send)$).
- (a) If the evaluation and treatment facility is providing the adolescent solely with mental health treatment and not substance use disorder treatment, copies of ((it)) the notice must be sent to the ((minor's)) adolescent's attorney, if any, the designated crisis responders, and the parent.
- (b) If the evaluation and treatment facility or substance use disorder treatment program is providing the adolescent with substance use disorder treatment, copies of the notice must be sent to the adolescent's attorney, if any, the designated crisis responders, and the parent only if: (i) The adolescent provides written consent to the disclosure of the adolescent's notice of intent to leave and such other substance use disorder information; or (ii) permitted by federal law.
- (3) The professional person shall discharge the ((minor, thirteen years or older,)) adolescent from the facility by the second judicial day following receipt of the ((minor's)) adolescent's notice of intent to leave.
- **Sec. 6.** RCW 71.34.530 and 2006 c 93 s 4 are each amended to read 28 as follows:
- Any ((minor thirteen years or older)) adolescent may request and receive outpatient treatment without the consent of the ((minor's)) adolescent's parent. Parental authorization, or authorization from a person who may consent on behalf of the minor pursuant to RCW 7.70.065, is required for outpatient treatment of a minor under the age of thirteen.
- **Sec. 7.** RCW 71.34.600 and 2018 c 201 s 5013 are each amended to read as follows:
- 37 (1) A parent may bring, or authorize the bringing of, his or her 38 ((minor)) adolescent child to:

(a) An evaluation and treatment facility or an inpatient facility licensed under chapter 70.41, 71.12, or 72.23 RCW and request that the professional person examine the ((minor)) adolescent to determine whether the ((minor)) adolescent has a mental disorder and is in need of inpatient treatment; or

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- (b) A secure detoxification facility or approved substance use disorder treatment program and request that a substance use disorder assessment be conducted by a professional person to determine whether the ((minor)) adolescent has a substance use disorder and is in need of inpatient treatment.
- (2) The consent of the ((minor)) <u>adolescent</u> is not required for admission, evaluation, and treatment if ((the parent brings the minor to the facility)) <u>a parent provides consent</u>.
- (3) An appropriately trained professional person may evaluate whether the ((minor)) adolescent has a mental disorder or has a substance use disorder. The evaluation shall be completed within twenty-four hours of the time the ((minor)) adolescent was brought to the facility, unless the professional person determines that the condition of the ((minor)) adolescent necessitates additional time for evaluation. In no event shall ((a minor)) an adolescent be held longer than seventy-two hours for evaluation. If, in the judgment of the professional person, it is determined it is a medical necessity for the ((minor)) adolescent to receive inpatient treatment, the ((minor)) adolescent may be held for treatment. The facility shall limit treatment to that which the professional person determines is medically necessary to stabilize the ((minor's)) adolescent's condition until the evaluation has been completed. Within twenty-four hours of completion of the evaluation, the professional person shall notify the authority if the ((child)) adolescent is held solely for mental health and not substance use disorder treatment and of the date of admission. If the adolescent is held for substance use disorder treatment only, the professional person shall provide notice to the authority which redacts all patient identifying information about the adolescent unless: (a) The adolescent provides written consent to the disclosure of the fact of admission and such other substance use disorder treatment information in the notice; or (b) permitted by federal law.
- (4) No provider is obligated to provide treatment to ((a minor)) an adolescent under the provisions of this section except that no provider may refuse to treat ((a minor)) an adolescent under the

- provisions of this section solely on the basis that the ((minor))

 adolescent has not consented to the treatment. No provider may admit

 ((a minor)) an adolescent to treatment under this section unless it

 is medically necessary.
 - (5) No ((minor)) <u>adolescent</u> receiving inpatient treatment under this section may be discharged from the facility based solely on his or her request.

- (6) Prior to the review conducted under RCW 71.34.610, the professional person shall notify the ((minor)) adolescent of his or her right to petition superior court for release from the facility.
- 11 (7) For the purposes of this section "professional person" means 12 "professional person" as defined in RCW 71.05.020.
- **Sec. 8.** RCW 71.34.610 and 2018 c 201 s 5014 are each amended to 14 read as follows:
 - (1) The authority shall assure that, for any ((minor)) adolescent admitted to inpatient treatment under RCW 71.34.600, a review is conducted by a physician or other mental health professional who is employed by the authority, or an agency under contract with the authority, and who neither has a financial interest in continued inpatient treatment of the ((minor)) adolescent nor is affiliated with the facility providing the treatment. The physician or other mental health professional shall conduct the review not less than seven nor more than fourteen days following the date the ((minor)) adolescent was brought to the facility under RCW 71.34.600 to determine whether it is a medical necessity to continue the ((minor's)) adolescent's treatment on an inpatient basis.
 - (2) In making a determination under subsection (1) of this section, the authority shall consider the opinion of the treatment provider, the safety of the ((minor)) adolescent, and the likelihood the ((minor's)) adolescent's mental health will deteriorate if released from inpatient treatment. The authority shall consult with the parent in advance of making its determination.
 - (3) If, after any review conducted by the authority under this section, the authority determines it is no longer a medical necessity for ((a minor)) an adolescent to receive inpatient treatment, the authority shall immediately notify the parents and the facility. The facility shall release the ((minor)) adolescent to the parents within twenty-four hours of receiving notice. If the professional person in charge and the parent believe that it is a medical necessity for the

- 1 ((minor)) adolescent to remain in inpatient treatment, the ((minor))
- 2 <u>adolescent</u> shall be released to the parent on the second judicial day
- 3 following the authority's determination in order to allow the parent
- 4 time to file an at-risk youth petition under chapter 13.32A RCW. If
- 5 the authority determines it is a medical necessity for the ((minor))
- 6 <u>adolescent</u> to receive outpatient treatment and the ((minor))
- 7 <u>adolescent</u> declines to obtain such treatment, such refusal shall be
- 8 grounds for the parent to file an at-risk youth petition.
- 9 (4) If the evaluation conducted under RCW 71.34.600 is done by 10 the authority, the reviews required by subsection (1) of this section 11 shall be done by contract with an independent agency.
- 12 (5) The authority may, subject to available funds, contract with 13 other governmental agencies to conduct the reviews under this 14 section. The authority may seek reimbursement from the parents, their 15 insurance, or medicaid for the expense of any review conducted by an 16 agency under contract.
- 17 (6) In addition to the review required under this section, the 18 authority may periodically determine and redetermine the medical 19 necessity of treatment for purposes of payment with public funds.
- 20 **Sec. 9.** RCW 71.34.620 and 1998 c 296 s 19 are each amended to 21 read as follows:

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- Following the review conducted under RCW 71.34.610, ((a minor child)) an adolescent may petition the superior court for his or her release from the facility. The petition may be filed not sooner than five days following the review. The court shall release the ((minor)) adolescent unless it finds, upon a preponderance of the evidence, that it is a medical necessity for the ((minor)) adolescent to remain at the facility.
- 29 **Sec. 10.** RCW 71.34.630 and 2018 c 201 s 5015 are each amended to 30 read as follows:
- If the ((minor)) adolescent is not released as a result of the petition filed under RCW 71.34.620, he or she shall be released not later than thirty days following the later of: (1) The date of the authority's determination under RCW 71.34.610(2); or (2) the filing of a petition for judicial review under RCW 71.34.620, unless a professional person or the designated crisis responder initiates proceedings under this chapter.

Sec. 11. RCW 71.34.640 and 2018 c 201 s 5016 are each amended to read as follows:

The authority shall randomly select and review the information on ((children)) adolescents who are admitted to inpatient treatment on application of the ((child's)) adolescent's parent regardless of the source of payment, if any, subject to the limitations under RCW 71.34.600(3). The review shall determine whether the ((children)) adolescents reviewed were appropriately admitted into treatment based on an objective evaluation of the ((child's)) adolescent's condition and the outcome of the ((child's)) adolescent's treatment.

- **Sec. 12.** RCW 71.34.650 and 2016 sp.s. c 29 s 265 are each 12 amended to read as follows:
 - (1) A parent may bring, or authorize the bringing of, his or her ((minor)) adolescent child to:
 - (a) A provider of outpatient mental health treatment and request that an appropriately trained professional person examine the ((minor)) adolescent to determine whether the ((minor)) adolescent has a mental disorder and is in need of outpatient treatment; or
 - (b) A provider of outpatient substance use disorder treatment and request that an appropriately trained professional person examine the ((minor)) adolescent to determine whether the ((minor)) adolescent has a substance use disorder and is in need of outpatient treatment.
 - (2) The consent of the ((minor)) <u>adolescent</u> is not required for evaluation if ((the parent brings the minor to the provider)) <u>a</u> <u>parent provides consent</u>.
 - (3) The professional person may evaluate whether the ((minor)) adolescent has a mental disorder or substance use disorder and is in need of outpatient treatment.
 - (4) If a determination is made by a professional person under this section that an adolescent is in need of outpatient mental health or substance use disorder treatment, a parent of an adolescent may request and receive such outpatient treatment for his or her adolescent without the consent of the adolescent for up to twelve outpatient sessions occurring within a three-month period.
- 35 (5) Following the treatment periods under subsection (4) of this
 36 section, an adolescent must provide his or her consent for further
 37 treatment with that specific professional person.
- 38 <u>(6) If a determination is made by a professional person under</u> 39 <u>this section that an adolescent is in need of treatment in a less</u>

- restrictive setting, including partial hospitalization or intensive outpatient treatment, a parent of an adolescent may request and receive such treatment for his or her adolescent without the consent of the adolescent.
- 5 (a) A professional person providing solely mental health
 6 treatment to an adolescent under this subsection (6) must convene a
 7 treatment review at least every thirty days after treatment begins
 8 that includes the adolescent, parent, and other treatment team
 9 members as appropriate to determine whether continued care under this
 10 subsection is medically necessary.

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- (b) A professional person providing solely mental health treatment to an adolescent under this subsection (6) shall provide notification of the adolescent's treatment to an independent reviewer at the authority within twenty-four hours of the adolescent's first receipt of treatment under this subsection. At least every forty-five days after the adolescent's first receipt of treatment under this subsection, the authority shall conduct a review to determine whether the current level of treatment is medically necessary.
- (c) A professional person providing substance use disorder treatment under this subsection (6) shall convene a treatment review under (a) of this subsection and provide the notification of the adolescent's receipt of treatment to an independent reviewer at the authority as described in (b) of this subsection only if: (i) The adolescent provides written consent to the disclosure of substance use disorder treatment information including the fact of his or her receipt of such treatment; or (ii) permitted by federal law.
- 27 <u>(7)</u> Any ((minor)) adolescent admitted to inpatient treatment 28 under RCW 71.34.500 or 71.34.600 shall be discharged immediately from 29 inpatient treatment upon written request of the parent.
- 30 **Sec. 13.** RCW 71.34.660 and 2016 sp.s. c 29 s 266 are each 31 amended to read as follows:
- ((A minor child)) An adolescent shall have no cause of action 32 33 against an evaluation and treatment facility, secure detoxification 34 facility, approved substance use disorder treatment program, inpatient facility, or provider of outpatient mental health treatment 35 or outpatient substance use disorder treatment for admitting or 36 accepting the ((minor)) adolescent in good faith for evaluation or 37 38 treatment under RCW 71.34.600 or 71.34.650 based solely upon the fact 39 that the ((minor)) adolescent did not consent to evaluation or

- treatment if the ((minor's)) adolescent's parent has consented to the evaluation or treatment.
- **Sec. 14.** RCW 71.34.700 and 2016 sp.s. c 29 s 267 are each 4 amended to read as follows:

- (1) If ((a minor, thirteen years or older,)) an adolescent is brought to an evaluation and treatment facility or hospital emergency room for immediate mental health services, the professional person in charge of the facility shall evaluate the ((minor's)) adolescent's mental condition, determine whether the ((minor)) adolescent suffers from a mental disorder, and whether the ((minor)) adolescent is in need of immediate inpatient treatment.
- (2) If ((a minor, thirteen years or older,)) an adolescent is brought to a secure detoxification facility with available space, or a hospital emergency room for immediate substance use disorder treatment, the professional person in charge of the facility shall evaluate the ((minor's)) adolescent's condition, determine whether the ((minor)) adolescent suffers from a substance use disorder, and whether the ((minor)) adolescent is in need of immediate inpatient treatment.
- (3) If it is determined under subsection (1) or (2) of this section that the ((minor)) adolescent suffers from a mental disorder or substance use disorder, inpatient treatment is required, the ((minor)) adolescent is unwilling to consent to voluntary admission, and the professional person believes that the ((minor)) adolescent meets the criteria for initial detention set forth herein, the facility may detain or arrange for the detention of the ((minor)) adolescent for up to twelve hours in order to enable a designated crisis responder to evaluate the ((minor)) adolescent and commence initial detention proceedings under the provisions of this chapter.
- Sec. 15. RCW 71.34.700 and 2016 sp.s. c 29 s 268 are each amended to read as follows:
- (1) If ((a minor, thirteen years or older,)) an adolescent is brought to an evaluation and treatment facility or hospital emergency room for immediate mental health services, the professional person in charge of the facility shall evaluate the ((minor's)) adolescent's mental condition, determine whether the ((minor)) adolescent suffers from a mental disorder, and whether the ((minor)) adolescent is in need of immediate inpatient treatment.

(2) If ((a minor, thirteen years or older,)) an adolescent is brought to a secure detoxification facility or a hospital emergency room for immediate substance use disorder treatment, the professional person in charge of the facility shall evaluate the ((minor's)) adolescent's condition, determine whether the ((minor)) adolescent suffers from a substance use disorder, and whether the ((minor)) adolescent is in need of immediate inpatient treatment.

- (3) If it is determined under subsection (1) or (2) of this section that the ((minor)) adolescent suffers from a mental disorder or substance use disorder, inpatient treatment is required, the ((minor)) adolescent is unwilling to consent to voluntary admission, and the professional person believes that the ((minor)) adolescent meets the criteria for initial detention set forth herein, the facility may detain or arrange for the detention of the ((minor)) adolescent for up to twelve hours in order to enable a designated crisis responder to evaluate the ((minor)) adolescent and commence initial detention proceedings under the provisions of this chapter.
- Sec. 16. RCW 71.34.710 and 2016 sp.s. c 29 s 269 are each amended to read as follows:
 - (1) (a) (i) When a designated crisis responder receives information that ((a minor, thirteen years or older,)) an adolescent as a result of a mental disorder presents a likelihood of serious harm or is gravely disabled, has investigated the specific facts alleged and of the credibility of the person or persons providing the information, and has determined that voluntary admission for inpatient treatment is not possible, the designated crisis responder may take the ((minor)) adolescent, or cause the ((minor)) adolescent to be taken, into custody and transported to an evaluation and treatment facility providing inpatient treatment.
 - (ii) When a designated crisis responder receives information that ((a minor, thirteen years or older,)) an adolescent as a result of a substance use disorder presents a likelihood of serious harm or is gravely disabled, has investigated the specific facts alleged and of the credibility of the person or persons providing the information, and has determined that voluntary admission for inpatient treatment is not possible, the designated crisis responder may take the ((minor)) adolescent, or cause the ((minor)) adolescent to be taken, into custody and transported to a secure detoxification facility or approved substance use disorder treatment program, if a secure

detoxification facility or approved substance use disorder treatment program is available and has adequate space for the ((minor)) adolescent.

- (b) If the ((minor)) adolescent is not taken into custody for evaluation and treatment, the parent who has custody of the ((minor)) adolescent may seek review of that decision made by the designated crisis responder in court. The parent shall file notice with the court and provide a copy of the designated crisis responder's report or notes.
- (2) Within twelve hours of the ((minor's)) adolescent's arrival at the evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program, the designated crisis responder shall serve on the ((minor)) adolescent a copy of the petition for initial detention, notice of initial detention, and statement of rights. The designated crisis responder shall file with the court on the next judicial day following the initial detention the original petition for initial detention, notice of initial detention, and statement of rights along with an affidavit of service. The designated crisis responder shall commence service of the petition for initial detention and notice of the initial detention on the ((minor's)) adolescent's parent and the ((minor's)) adolescent's attorney as soon as possible following the initial detention.
 - (3) At the time of initial detention, the designated crisis responder shall advise the ((minor)) adolescent both orally and in writing that if admitted to the evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program for inpatient treatment, a commitment hearing shall be held within seventy-two hours of the ((minor's)) adolescent's provisional acceptance to determine whether probable cause exists to commit the ((minor)) adolescent for further treatment.
 - The ((minor)) adolescent shall be advised that he or she has a right to communicate immediately with an attorney and that he or she has a right to have an attorney appointed to represent him or her before and at the hearing if the ((minor)) adolescent is indigent.
 - (4) Subject to subsection (5) of this section, whenever the designated crisis responder petitions for detention of ((a-minor)) an adolescent under this chapter, an evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program providing seventy-two hour evaluation and treatment

must immediately accept on a provisional basis the petition and the person. Within twenty-four hours of the ((minor's)) adolescent's arrival, the facility must evaluate the ((minor's)) adolescent's condition and either admit or release the ((minor)) adolescent in accordance with this chapter.

- (5) A designated crisis responder may not petition for detention of ((a minor)) an adolescent to a secure detoxification facility or approved substance use disorder treatment program unless there is a secure detoxification facility or approved substance use disorder treatment program available and that has adequate space for the ((minor)) adolescent.
- (6) If ((a minor)) an adolescent is not approved for admission by the inpatient evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program, the facility shall make such recommendations and referrals for further care and treatment of the ((minor)) adolescent as necessary.
- **Sec. 17.** RCW 71.34.710 and 2016 sp.s. c 29 s 270 are each 19 amended to read as follows:
 - (1) (a) (i) When a designated crisis responder receives information that ((a minor, thirteen years or older,)) an adolescent as a result of a mental disorder presents a likelihood of serious harm or is gravely disabled, has investigated the specific facts alleged and of the credibility of the person or persons providing the information, and has determined that voluntary admission for inpatient treatment is not possible, the designated crisis responder may take the ((minor)) adolescent, or cause the ((minor)) adolescent to be taken, into custody and transported to an evaluation and treatment facility providing inpatient treatment.
 - (ii) When a designated crisis responder receives information that ((a minor, thirteen years or older,)) an adolescent as a result of a substance use disorder presents a likelihood of serious harm or is gravely disabled, has investigated the specific facts alleged and of the credibility of the person or persons providing the information, and has determined that voluntary admission for inpatient treatment is not possible, the designated crisis responder may take the ((minor)) adolescent, or cause the ((minor)) adolescent to be taken, into custody and transported to a secure detoxification facility or approved substance use disorder treatment program.

(b) If the ((minor)) adolescent is not taken into custody for evaluation and treatment, the parent who has custody of the ((minor)) adolescent may seek review of that decision made by the designated crisis responder in court. The parent shall file notice with the court and provide a copy of the designated crisis responder's report or notes.

- (2) Within twelve hours of the ((minor's)) adolescent's arrival at the evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program, the designated crisis responder shall serve on the ((minor)) adolescent a copy of the petition for initial detention, notice of initial detention, and statement of rights. The designated crisis responder shall file with the court on the next judicial day following the initial detention the original petition for initial detention, notice of initial detention, and statement of rights along with an affidavit of service. The designated crisis responder shall commence service of the petition for initial detention and notice of the initial detention on the ((minor's)) adolescent's parent and the ((minor's)) adolescent's attorney as soon as possible following the initial detention.
- (3) At the time of initial detention, the designated crisis responder shall advise the ((minor)) adolescent both orally and in writing that if admitted to the evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program for inpatient treatment, a commitment hearing shall be held within seventy-two hours of the ((minor's)) adolescent's provisional acceptance to determine whether probable cause exists to commit the ((minor)) adolescent for further treatment.

The ((minor)) adolescent shall be advised that he or she has a right to communicate immediately with an attorney and that he or she has a right to have an attorney appointed to represent him or her before and at the hearing if the ((minor)) adolescent is indigent.

(4) Whenever the designated crisis responder petitions for detention of ((a minor)) an adolescent under this chapter, an evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program providing seventy-two hour evaluation and treatment must immediately accept on a provisional basis the petition and the person. Within twenty-four hours of the ((minor's)) adolescent's arrival, the facility must

evaluate the ((minor's)) adolescent's condition and either admit or release the ((minor)) adolescent in accordance with this chapter.

- (5) If ((a minor)) an adolescent is not approved for admission by the inpatient evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program, the facility shall make such recommendations and referrals for further care and treatment of the ((minor)) adolescent as necessary.
- 9 <u>NEW SECTION.</u> **Sec. 18.** A new section is added to chapter 70.02 10 RCW to read as follows:
 - (1) (a) When an adolescent voluntarily consents to his or her own mental health treatment under RCW 71.34.500 or 71.34.530, a mental health professional shall not proactively exercise his or her discretion under RCW 70.02.240 to release information or records related to solely mental health services received by the adolescent to a parent of the adolescent, beyond any notification required under RCW 71.34.510, unless the adolescent states a clear desire to do so which is documented by the mental health professional, except in situations concerning an imminent threat to the health and safety of the adolescent or others, or as otherwise may be required by law.
 - (b) In the event a mental health professional discloses information or releases records, or both, that relate solely to mental health services of an adolescent, to a parent pursuant to RCW 70.02.240(3), the mental health professional must provide notice of this disclosure to the adolescent and the adolescent must have a reasonable opportunity to express any concerns about this disclosure to the mental health professional prior to the disclosure of the information or records related solely to mental health services. The mental health professional shall document any objections to disclosure in the adolescent's medical record if the mental health professional subsequently discloses information or records related solely to mental health services over the objection of the adolescent.
 - (2) When an adolescent receives a mental health evaluation or treatment at the direction of a parent under RCW 71.34.600 through 71.34.670, the mental health professional is encouraged to exercise his or her discretion under RCW 70.02.240 to proactively release to the parent such information and records related to solely mental health services received by the adolescent, excluding psychotherapy

- 1 notes, that are necessary to assist the parent in understanding the
- 2 nature of the evaluation or treatment and in supporting their child.
- 3 Such information includes:
 - (a) Diagnosis;

- (b) Treatment plan and progress in treatment;
- 6 (c) Recommended medications, including risks, benefits, side 7 effects, typical efficacy, dose, and schedule;
 - (d) Psychoeducation about the child's mental health;
 - (e) Referrals to community resources;
- 10 (f) Coaching on parenting or behavioral management strategies; 11 and
 - (g) Crisis prevention planning and safety planning.
 - (3) If, after receiving a request from a parent for release of mental health treatment information relating to an adolescent, the mental health professional determines that disclosure of information or records related solely to mental health services pursuant to RCW 70.02.240(3) would be detrimental to the adolescent and declines to disclose such information or records, the mental health professional shall document the reasons for the lack of disclosure in the adolescent's medical record.
 - (4) Information or records about an adolescent's substance use disorder evaluation or treatment may be provided to a parent without the written consent of the adolescent only if permitted by federal law. A mental health professional or chemical dependency professional providing substance use disorder evaluation or treatment to an adolescent may seek the written consent of the adolescent to provide substance use disorder treatment information or records to a parent when the mental health professional or chemical dependency professional determines that both seeking the written consent and sharing the substance use disorder treatment information or records of the adolescent would not be detrimental to the adolescent.
 - (5) A mental health professional providing inpatient or outpatient mental health evaluation or treatment is not civilly liable for the decision to disclose information or records related to solely mental health services or not disclose such information or records so long as the decision was reached in good faith and without gross negligence.
 - (6) A chemical dependency professional or mental health professional providing inpatient or outpatient substance use disorder evaluation or treatment is not civilly liable for the decision to

- disclose information or records related to substance use disorder treatment information with the written consent of the adolescent or to not disclose such information or records to a parent without an adolescent's consent pursuant to this section so long as the decision
- 6 (7) For purposes of this section, "adolescent" means a minor thirteen years of age or older.

was reached in good faith and without gross negligence.

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- 8 **Sec. 19.** RCW 70.02.230 and 2018 c 201 s 8002 are each amended to read as follows:
- 10 (1) Except as provided in this section, RCW 70.02.050, 71.05.445, 74.09.295, 70.02.210, 70.02.240, 70.02.250, ((and)) 70.02.260, and 11 section 18 of this act, or pursuant to a valid authorization under 12 RCW 70.02.030, the fact of admission to a provider for mental health 13 services and all information and records compiled, obtained, or 14 15 maintained in the course of providing mental health services to either voluntary or involuntary recipients of services at public or 16 17 private agencies must be confidential.
 - (2) Information and records related to mental health services, other than those obtained through treatment under chapter 71.34 RCW, may be disclosed only:
 - (a) In communications between qualified professional persons to meet the requirements of chapter 71.05 RCW, in the provision of services or appropriate referrals, or in the course of guardianship proceedings if provided to a professional person:
 - (i) Employed by the facility;
 - (ii) Who has medical responsibility for the patient's care;
 - (iii) Who is a designated crisis responder;
- 28 (iv) Who is providing services under chapter 71.24 RCW;
- (v) Who is employed by a state or local correctional facility where the person is confined or supervised; or
- 31 (vi) Who is providing evaluation, treatment, or follow-up 32 services under chapter 10.77 RCW;
- 33 (b) When the communications regard the special needs of a patient 34 and the necessary circumstances giving rise to such needs and the 35 disclosure is made by a facility providing services to the operator 36 of a facility in which the patient resides or will reside;
- 37 (c)(i) When the person receiving services, or his or her 38 guardian, designates persons to whom information or records may be

- 1 released, or if the person is a minor, when his or her parents make 2 such a designation;
- 3 (ii) A public or private agency shall release to a person's next 4 of kin, attorney, personal representative, guardian, or conservator, 5 if any:
- 6 (A) The information that the person is presently a patient in the facility or that the person is seriously physically ill;

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- (B) A statement evaluating the mental and physical condition of the patient, and a statement of the probable duration of the patient's confinement, if such information is requested by the next of kin, attorney, personal representative, guardian, or conservator; and
- (iii) Other information requested by the next of kin or attorney as may be necessary to decide whether or not proceedings should be instituted to appoint a guardian or conservator;
 - (d)(i) To the courts as necessary to the administration of chapter 71.05 RCW or to a court ordering an evaluation or treatment under chapter 10.77 RCW solely for the purpose of preventing the entry of any evaluation or treatment order that is inconsistent with any order entered under chapter 71.05 RCW.
- (ii) To a court or its designee in which a motion under chapter 10.77 RCW has been made for involuntary medication of a defendant for the purpose of competency restoration.
 - (iii) Disclosure under this subsection is mandatory for the purpose of the federal health insurance portability and accountability act;
 - (e) (i) When a mental health professional or designated crisis responder is requested by a representative of a law enforcement or corrections agency, including a police officer, sheriff, community corrections officer, a municipal attorney, or prosecuting attorney to undertake an investigation or provide treatment under RCW 71.05.150, 10.31.110, or 71.05.153, the mental health professional or designated crisis responder shall, if requested to do so, advise the representative in writing of the results of the investigation including a statement of reasons for the decision to detain or release the person investigated. The written report must be submitted within seventy-two hours of the completion of the investigation or the request from the law enforcement or corrections representative, whichever occurs later.

- 1 (ii) Disclosure under this subsection is mandatory for the 2 purposes of the federal health insurance portability and 3 accountability act;
 - (f) To the attorney of the detained person;

- (g) To the prosecuting attorney as necessary to carry out the responsibilities of the office under RCW 71.05.330(2), 71.05.340(1)(b), and 71.05.335. The prosecutor must be provided access to records regarding the committed person's treatment and prognosis, medication, behavior problems, and other records relevant to the issue of whether treatment less restrictive than inpatient treatment is in the best interest of the committed person or others. Information must be disclosed only after giving notice to the committed person and the person's counsel;
- (h) (i) To appropriate law enforcement agencies and to a person, when the identity of the person is known to the public or private agency, whose health and safety has been threatened, or who is known to have been repeatedly harassed, by the patient. The person may designate a representative to receive the disclosure. The disclosure must be made by the professional person in charge of the public or private agency or his or her designee and must include the dates of commitment, admission, discharge, or release, authorized or unauthorized absence from the agency's facility, and only any other information that is pertinent to the threat or harassment. The agency or its employees are not civilly liable for the decision to disclose or not, so long as the decision was reached in good faith and without gross negligence.
- (ii) Disclosure under this subsection is mandatory for the purposes of the federal health insurance portability and accountability act;
- (i) (i) To appropriate corrections and law enforcement agencies all necessary and relevant information in the event of a crisis or emergent situation that poses a significant and imminent risk to the public. The mental health service agency or its employees are not civilly liable for the decision to disclose or not so long as the decision was reached in good faith and without gross negligence.
- (ii) Disclosure under this subsection is mandatory for the purposes of the health insurance portability and accountability act;
- 38 (j) To the persons designated in RCW 71.05.425 for the purposes 39 described in those sections;

(k) Upon the death of a person. The person's next of kin, personal representative, guardian, or conservator, if any, must be notified. Next of kin who are of legal age and competent must be notified under this section in the following order: Spouse, parents, children, brothers and sisters, and other relatives according to the degree of relation. Access to all records and information compiled, obtained, or maintained in the course of providing services to a deceased patient are governed by RCW 70.02.140;

- (1) To mark headstones or otherwise memorialize patients interred at state hospital cemeteries. The department of social and health services shall make available the name, date of birth, and date of death of patients buried in state hospital cemeteries fifty years after the death of a patient;
- (m) To law enforcement officers and to prosecuting attorneys as are necessary to enforce RCW 9.41.040(2)(a)(((iii)))(iv). The extent of information that may be released is limited as follows:
- (i) Only the fact, place, and date of involuntary commitment, an official copy of any order or orders of commitment, and an official copy of any written or oral notice of ineligibility to possess a firearm that was provided to the person pursuant to RCW 9.41.047(1), must be disclosed upon request;
- (ii) The law enforcement and prosecuting attorneys may only release the information obtained to the person's attorney as required by court rule and to a jury or judge, if a jury is waived, that presides over any trial at which the person is charged with violating RCW $9.41.040(2)(a)((\frac{(iii)}{(iv)}))$
- (iii) Disclosure under this subsection is mandatory for the purposes of the federal health insurance portability and accountability act;
- (n) When a patient would otherwise be subject to the provisions of this section and disclosure is necessary for the protection of the patient or others due to his or her unauthorized disappearance from the facility, and his or her whereabouts is unknown, notice of the disappearance, along with relevant information, may be made to relatives, the department of corrections when the person is under the supervision of the department, and governmental law enforcement agencies designated by the physician or psychiatric advanced registered nurse practitioner in charge of the patient or the professional person in charge of the facility, or his or her professional designee;

(o) Pursuant to lawful order of a court;

- (p) To qualified staff members of the department, to the authority, to the director of behavioral health organizations, to resource management services responsible for serving a patient, or to service providers designated by resource management services as necessary to determine the progress and adequacy of treatment and to determine whether the person should be transferred to a less restrictive or more appropriate treatment modality or facility;
- (q) Within the mental health service agency where the patient is receiving treatment, confidential information may be disclosed to persons employed, serving in bona fide training programs, or participating in supervised volunteer programs, at the facility when it is necessary to perform their duties;
- (r) Within the department and the authority as necessary to coordinate treatment for mental illness, developmental disabilities, alcoholism, or substance use disorder of persons who are under the supervision of the department;
- (s) Between the department of social and health services, the department of children, youth, and families, and the health care authority as necessary to coordinate treatment for mental illness, developmental disabilities, alcoholism, or drug abuse of persons who are under the supervision of the department of social and health services or the department of children, youth, and families;
- (t) To a licensed physician or psychiatric advanced registered nurse practitioner who has determined that the life or health of the person is in danger and that treatment without the information and records related to mental health services could be injurious to the patient's health. Disclosure must be limited to the portions of the records necessary to meet the medical emergency;
- (u)(i) Consistent with the requirements of the federal health insurance portability and accountability act, to:
- (A) A health care provider who is providing care to a patient, or to whom a patient has been referred for evaluation or treatment; or
- (B) Any other person who is working in a care coordinator role for a health care facility or health care provider or is under an agreement pursuant to the federal health insurance portability and accountability act with a health care facility or a health care provider and requires the information and records to assure coordinated care and treatment of that patient.

(ii) A person authorized to use or disclose information and records related to mental health services under this subsection (2)(u) must take appropriate steps to protect the information and records relating to mental health services.

- (iii) Psychotherapy notes may not be released without authorization of the patient who is the subject of the request for release of information;
- (v) To administrative and office support staff designated to obtain medical records for those licensed professionals listed in (u) of this subsection;
- (w) To a facility that is to receive a person who is involuntarily committed under chapter 71.05 RCW, or upon transfer of the person from one evaluation and treatment facility to another. The release of records under this subsection is limited to the information and records related to mental health services required by law, a record or summary of all somatic treatments, and a discharge summary. The discharge summary may include a statement of the patient's problem, the treatment goals, the type of treatment which has been provided, and recommendation for future treatment, but may not include the patient's complete treatment record;
- (x) To the person's counsel or guardian ad litem, without modification, at any time in order to prepare for involuntary commitment or recommitment proceedings, reexaminations, appeals, or other actions relating to detention, admission, commitment, or patient's rights under chapter 71.05 RCW;
- (y) To staff members of the protection and advocacy agency or to staff members of a private, nonprofit corporation for the purpose of protecting and advocating the rights of persons with mental disorders or developmental disabilities. Resource management services may limit the release of information to the name, birthdate, and county of residence of the patient, information regarding whether the patient was voluntarily admitted, or involuntarily committed, the date and place of admission, placement, or commitment, the name and address of a guardian of the patient, and the date and place of the guardian's appointment. Any staff member who wishes to obtain additional information must notify the patient's resource management services in writing of the request and of the resource management services' right to object. The staff member shall send the notice by mail to the guardian's address. If the guardian does not object in writing within fifteen days after the notice is mailed, the staff member may obtain

the additional information. If the guardian objects in writing within fifteen days after the notice is mailed, the staff member may not obtain the additional information;

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- To all current treating providers of the patient with 4 prescriptive authority who have written a prescription for the 5 6 patient within the last twelve months. For purposes of coordinating health care, the department or the authority may release without 7 written authorization of the patient, information acquired for 8 billing and collection purposes as described in RCW 70.02.050(1)(d). 9 The department, or the authority, if applicable, shall notify the 10 patient that billing and collection information has been released to 11 12 named providers, and provide the substance of the information released and the dates of such release. Neither the department nor 13 authority may release counseling, inpatient 14 psychiatric hospitalization, or drug and alcohol treatment information without a 15 16 signed written release from the client;
 - (aa) (i) To the secretary of social and health services and the director of the health care authority for either program evaluation or research, or both so long as the secretary or director, where applicable, adopts rules for the conduct of the evaluation or research, or both. Such rules must include, but need not be limited to, the requirement that all evaluators and researchers sign an oath of confidentiality substantially as follows:

"As a condition of conducting evaluation or research concerning persons who have received services from (fill in the facility, agency, or person) I, , agree not to divulge, publish, or otherwise make known to unauthorized persons or the public any information obtained in the course of such evaluation or research regarding persons who have received services such that the person who received such services is identifiable.

I recognize that unauthorized release of confidential information may subject me to civil liability under the provisions of state law.

33 /s/ "

- (ii) Nothing in this chapter may be construed to prohibit the compilation and publication of statistical data for use by government or researchers under standards, including standards to assure maintenance of confidentiality, set forth by the secretary, or director, where applicable;
- (bb) To any person if the conditions in RCW 70.02.205 are met.

- (3) Whenever federal law or federal regulations restrict the release of information contained in the information and records related to mental health services of any patient who receives treatment for chemical dependency, the department or the authority may restrict the release of the information as necessary to comply with federal law and regulations.
- (4) Civil liability and immunity for the release of information about a particular person who is committed to the department of social and health services or the authority under RCW 71.05.280(3) and 71.05.320(4)(c) after dismissal of a sex offense as defined in RCW 9.94A.030, is governed by RCW 4.24.550.
- (5) The fact of admission to a provider of mental health services, as well as all records, files, evidence, findings, or orders made, prepared, collected, or maintained pursuant to chapter 71.05 RCW are not admissible as evidence in any legal proceeding outside that chapter without the written authorization of the person who was the subject of the proceeding except as provided in RCW 70.02.260, in a subsequent criminal prosecution of a person committed pursuant to RCW 71.05.280(3) or 71.05.320(4)(c) on charges that were dismissed pursuant to chapter 10.77 RCW due to incompetency to stand trial, in a civil commitment proceeding pursuant to chapter 71.09 RCW, or, in the case of a minor, a quardianship or dependency proceeding. The records and files maintained in any court proceeding pursuant to chapter 71.05 RCW must be confidential and available subsequent to such proceedings only to the person who was the subject of the proceeding or his or her attorney. In addition, the court may order the subsequent release or use of such records or files only upon good cause shown if the court finds that appropriate safeguards for strict confidentiality are and will be maintained.
 - (6) (a) Except as provided in RCW 4.24.550, any person may bring an action against an individual who has willfully released confidential information or records concerning him or her in violation of the provisions of this section, for the greater of the following amounts:
 - (i) One thousand dollars; or

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- (ii) Three times the amount of actual damages sustained, if any.
- 37 (b) It is not a prerequisite to recovery under this subsection 38 that the plaintiff suffered or was threatened with special, as 39 contrasted with general, damages.

- 1 (c) Any person may bring an action to enjoin the release of 2 confidential information or records concerning him or her or his or 3 her ward, in violation of the provisions of this section, and may in 4 the same action seek damages as provided in this subsection.
- 5 (d) The court may award to the plaintiff, should he or she 6 prevail in any action authorized by this subsection, reasonable 7 attorney fees in addition to those otherwise provided by law.
- 8 (e) If an action is brought under this subsection, no action may 9 be brought under RCW 70.02.170.
- 10 **Sec. 20.** RCW 70.02.240 and 2018 c 201 s 8003 are each amended to 11 read as follows:

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The fact of admission and all information and records related to mental health services obtained through <u>inpatient</u> or <u>outpatient</u> treatment <u>of a minor</u> under chapter 71.34 RCW ((is)) <u>must be kept</u> confidential, except as authorized ((in)) <u>by this section or under</u> RCW 70.02.050, 70.02.210, 70.02.230, 70.02.250, ((and)) 70.02.260, and section 18 of this act. ((Such)) Confidential information <u>under</u> this section may be disclosed only:

- (1) In communications between mental health professionals to meet the requirements of chapter 71.34 RCW, in the provision of services to the minor, or in making appropriate referrals;
 - (2) In the course of quardianship or dependency proceedings;
- (3) To the minor, the minor's parent, <u>including those acting as a parent as defined in RCW 71.34.020 for purposes of family-initiated treatment</u>, and the minor's attorney, subject to RCW 13.50.100;
 - (4) To the courts as necessary to administer chapter 71.34 RCW;
- (5) To law enforcement officers or public health officers as necessary to carry out the responsibilities of their office. However, only the fact and date of admission, and the date of discharge, the name and address of the treatment provider, if any, and the last known address must be disclosed upon request;
- (6) To law enforcement officers, public health officers, relatives, and other governmental law enforcement agencies, if a minor has escaped from custody, disappeared from an evaluation and treatment facility, violated conditions of a less restrictive treatment order, or failed to return from an authorized leave, and then only such information as may be necessary to provide for public safety or to assist in the apprehension of the minor. The officers

1 are obligated to keep the information confidential in accordance with 2 this chapter;

(7) To the secretary of social and health services and the director of the health care authority for assistance in data collection and program evaluation or research so long as the secretary or director, where applicable, adopts rules for the conduct of such evaluation and research. The rules must include, but need not be limited to, the requirement that all evaluators and researchers sign an oath of confidentiality substantially as follows:

"As a condition of conducting evaluation or research concerning persons who have received services from (fill in the facility, agency, or person) I, , agree not to divulge, publish, or otherwise make known to unauthorized persons or the public any information obtained in the course of such evaluation or research regarding minors who have received services in a manner such that the minor is identifiable.

I recognize that unauthorized release of confidential information may subject me to civil liability under state law.

/s/ ";

- (8) To appropriate law enforcement agencies, upon request, all necessary and relevant information in the event of a crisis or emergent situation that poses a significant and imminent risk to the public. The mental health service agency or its employees are not civilly liable for the decision to disclose or not, so long as the decision was reached in good faith and without gross negligence;
- (9) To appropriate law enforcement agencies and to a person, when the identity of the person is known to the public or private agency, whose health and safety has been threatened, or who is known to have been repeatedly harassed, by the patient. The person may designate a representative to receive the disclosure. The disclosure must be made by the professional person in charge of the public or private agency or his or her designee and must include the dates of admission, discharge, authorized or unauthorized absence from the agency's facility, and only any other information that is pertinent to the threat or harassment. The agency or its employees are not civilly liable for the decision to disclose or not, so long as the decision was reached in good faith and without gross negligence;
- (10) To a minor's next of kin, attorney, guardian, or conservator, if any, the information that the minor is presently in

- the facility or that the minor is seriously physically ill and a statement evaluating the mental and physical condition of the minor as well as a statement of the probable duration of the minor's confinement;
 - (11) Upon the death of a minor, to the minor's next of kin;

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- (12) To a facility in which the minor resides or will reside;
- (13) To law enforcement officers and to prosecuting attorneys as are necessary to enforce RCW 9.41.040(2)(a)(((iii))) (iv). The extent of information that may be released is limited as follows:
- (a) Only the fact, place, and date of involuntary commitment, an official copy of any order or orders of commitment, and an official copy of any written or oral notice of ineligibility to possess a firearm that was provided to the person pursuant to RCW 9.41.047(1), must be disclosed upon request;
- (b) The law enforcement and prosecuting attorneys may only release the information obtained to the person's attorney as required by court rule and to a jury or judge, if a jury is waived, that presides over any trial at which the person is charged with violating RCW 9.41.040(2) (a) (((iii))) (iv);
- 20 (c) Disclosure under this subsection is mandatory for the 21 purposes of the federal health insurance portability and 22 accountability act;
 - (14) This section may not be construed to prohibit the compilation and publication of statistical data for use by government or researchers under standards, including standards to assure maintenance of confidentiality, set forth by the director of the health care authority or the secretary of the department of social and health services, where applicable. The fact of admission and all information obtained pursuant to chapter 71.34 RCW are not admissible as evidence in any legal proceeding outside chapter 71.34 RCW, except guardianship or dependency, without the written consent of the minor or the minor's parent;
- 33 (15) For the purpose of a correctional facility participating in 34 the postinstitutional medical assistance system supporting the 35 expedited medical determinations and medical suspensions as provided 36 in RCW 74.09.555 and 74.09.295;
 - (16) Pursuant to a lawful order of a court.
- 38 **Sec. 21.** RCW 74.13.280 and 2018 c 284 s 45 are each amended to 39 read as follows:

- (1) Except as provided in RCW 70.02.220, whenever a child is placed in out-of-home care by the department or with an agency, the department or agency shall share information known to the department or agency about the child and the child's family with the care provider and shall consult with the care provider regarding the child's case plan. If the child is dependent pursuant to a proceeding under chapter 13.34 RCW, the department or agency shall keep the care provider informed regarding the dates and location of dependency review and permanency planning hearings pertaining to the child.
- (2) Information about the child and the child's family shall include information known to the department or agency as to whether the child is a sexually reactive child, has exhibited high-risk behaviors, or is physically assaultive or physically aggressive, as defined in this section.
- 15 (3) Information about the child shall also include information 16 known to the department or agency that the child:
 - (a) Has received a medical diagnosis of fetal alcohol syndrome or fetal alcohol effect;
 - (b) Has been diagnosed by a qualified mental health professional as having a mental health disorder;
- 21 (c) Has witnessed a death or substantial physical violence in the 22 past or recent past; or
- 23 (d) Was a victim of sexual or severe physical abuse in the recent 24 past.
 - (4) Any person who receives information about a child or a child's family pursuant to this section shall keep the information confidential and shall not further disclose or disseminate the information except as authorized by law. Care providers shall agree in writing to keep the information that they receive confidential and shall affirm that the information will not be further disclosed or disseminated, except as authorized by law.
 - (5) Nothing in this section shall be construed to limit the authority of the department or an agency to disclose client information or to maintain client confidentiality as provided by law.
 - (6) ((As used in)) The department may share the following mental health treatment records with a care provider, even if the child does not consent to releasing those records, if the department has initiated treatment pursuant to RCW 71.34.600 through 71.34.670:

p. 34

39 <u>(a) Diagnosis;</u>

(b) Treatment plan and progress in treatment;

- 1 (c) Recommended medications, including risks, benefits, side 2 effects, typical efficacy, dose, and schedule;
 - (d) Psychoeducation about the child's mental health;
 - (e) Referrals to community resources;
- 5 (f) Coaching on parenting or behavioral management strategies; 6 and
 - (g) Crisis prevention planning and safety planning.
- 8 (7) The department may not share substance use disorder treatment
 9 records with a care provider without the written consent of the child
 10 except as permitted by federal law.
 - (8) For the purposes of this section:
- 12 (a) "Sexually reactive child" means a child who exhibits sexual 13 behavior problems including, but not limited to, sexual behaviors 14 that are developmentally inappropriate for their age or are harmful 15 to the child or others.
- 16 (b) "High-risk behavior" means an observed or reported and 17 documented history of one or more of the following:
 - (i) Suicide attempts or suicidal behavior or ideation;
 - (ii) Self-mutilation or similar self-destructive behavior;
- 20 (iii) Fire-setting or a developmentally inappropriate fascination 21 with fire;
- 22 (iv) Animal torture;

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- 23 (v) Property destruction; or
 - (vi) Substance or alcohol abuse.
- (c) "Physically assaultive or physically aggressive" means a child who exhibits one or more of the following behaviors that are developmentally inappropriate and harmful to the child or to others:
 - (i) Observed assaultive behavior;
- 29 (ii) Reported and documented history of the child willfully 30 assaulting or inflicting bodily harm; or
- (iii) Attempting to assault or inflict bodily harm on other children or adults under circumstances where the child has the apparent ability or capability to carry out the attempted assaults including threats to use a weapon.
- 35 (d) "Care provider" means a person with whom a child is placed in 36 out-of-home care, or a designated official for a group care facility 37 licensed by the department.
- NEW SECTION. Sec. 22. A new section is added to chapter 71.34 RCW to read as follows:

A mental health agency, psychiatric hospital, or evaluation and treatment facility may release mental health information about an adolescent to a parent of the adolescent without the consent of the adolescent by following the limitations and restrictions of RCW 70.02.240 and section 18 of this act.

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- 6 <u>NEW SECTION.</u> **Sec. 23.** A new section is added to chapter 71.34 7 RCW to read as follows:
- Subject to the availability of amounts appropriated for this 8 specific purpose, the authority must provide an online training for 9 behavioral health providers regarding state law and best practices 10 11 when providing behavioral health services to children, youth, and families. The training must be free for providers and must include 12 13 information related to family-initiated treatment, adolescentinitiated treatment, other treatment services provided under this 14 15 chapter, and standards for sharing of information about behavioral health services received by an adolescent under RCW 70.02.240 and 16 section 18 of this act. 17
- NEW SECTION. Sec. 24. A new section is added to chapter 71.34
 RCW to read as follows:
- (1) Subject to the availability of amounts appropriated for this 20 specific purpose, the authority must conduct an annual survey of a 21 sample group of parents, youth, and behavioral health providers to 22 23 measure the impacts of implementing policies resulting from this act 24 during the first three years of implementation. The first survey must be complete by July 1, 2020, followed by subsequent annual surveys 25 26 completed by July 1, 2021, and by July 1, 2022. The authority must 27 report on the results of the surveys annually to the governor and the legislature beginning November 1, 2020. The final report is due 28 29 November 1, 2022, and must include any recommendations for statutory 30 changes identified as needed based on survey results.
 - (2) This section expires December 31, 2022.
- NEW SECTION. Sec. 25. This act may be known and cited as the adolescent behavioral health care access act.
- NEW SECTION. Sec. 26. Sections 14 and 16 of this act expire 35 July 1, 2026.

- NEW SECTION. Sec. 27. Sections 15 and 17 of this act take effect July 1, 2026.
- NEW SECTION. Sec. 28. If specific funding for the purposes of this act, referencing this act by bill or chapter number, is not provided by June 30, 2019, in the omnibus appropriations act, this act is null and void.
- NEW SECTION. Sec. 29. LEGISLATIVE DIRECTIVE. (1) Chapter 71.34
 RCW must be codified under the chapter heading "behavioral health
 services for minors."
- 10 (2) RCW 71.34.500 through 71.34.530 must be codified under the subchapter heading "adolescent-initiated treatment."
- 12 (3) RCW 71.34.600 through 71.34.670 must be codified under the subchapter heading "family-initiated treatment."

Passed by the House April 23, 2019. Passed by the Senate April 15, 2019. Approved by the Governor May 13, 2019. Filed in Office of Secretary of State May 16, 2019.

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